



A three day short course in:

Prevention and Management of Diabetes

in partnership with the Preventive Cardiology Programme and the School for Professional Development

19-21 September 2011

South Kensington campus, Imperial College London

An exciting 3-day programme covering everything you need to know about diabetes. Suitable for all health professionals with an interest in the prevention and management of diabetes. Topics Include:

- Epidemiology, pathophysiology, diagnosis and management of Type 1 and Type 2 diabetes
- A number of lively debates are held together with case management sessions that aim to apply theory to real-world clinical practice.

The taught component is accompanied by a purpose built virtual learning environment which hosts a number of e-based debates, interactive learning resources and podcasts to consolidate your learning. CPD approval sought from the Royal College of Physicians, for 18 credits.

Preventive Cardiology

Department of Cardiovascular Medicine
International Centre for Circulatory Health
National Heart and Lung Institute
Faculty of Medicine
Imperial College London

www1.imperial.ac.uk/medicine/teaching/postgraduate/taughtcourses/preventivecardiology



Prevention and Management of Diabetes

Course aims and learning outcomes:

This course aims to give an in depth understanding of the pathophysiology, prevention and management of Type 1 and 2 diabetes.

- By the end of the course you will be able to:
 - ✓ describe the epidemiology and pathophysiology of Type 1 and Type 2 diabetes
 - ✓ understand the lifestyle approaches to the prevention and management of diabetes
 - ✓ demonstrate theoretical knowledge of the medical management of diabetes
 - ✓ apply the theory to real-world diabetes care using a case-based approach

Outline content:

- Epidemiology, pathophysiology and diagnosis
- Diabetes prevention and care
- The incretin hormones
- Limiting the risk: glucose control, blood pressure, lipids and weight
- Complications of diabetes
- Diet and diabetes
- The role of physical activity in diabetes
- Medical therapies
- Future directions in diabetes

Cost:

- £400 for Medical Doctors
- £275 for Nurses/Allied Health Professionals

Course delivery:

- Face to face teaching by specialists from endocrinology, cardiology, nursing, dietetics, physical activity and psychology.
- Practical skills sessions to ensure students are equipped to apply theory to practice
- Online learning, enabling participants to interact with tutors and fellow students via an online virtual learning environment. In addition our on-line learning resources allow students to access podcasts and participate in a wide-range of interactive formative tasks that develop understanding, skills and consolidation of learning.

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www.imperial.ac.uk/cpd/preventiondiabetes

